



(021) 855 1482



admin@helderbergps.co.za



helderbergps.co.za

# EXTRA-MURAL PROGRAMME

## 1<sup>ST</sup> TERM 2024



### GRADES R TO 3

<b>MONDAY</b>	Playball - Grade R	12h30-13h00	A Hayward
	Playball - Grade 1 -2	13h15-14h15	A Hayward
<b>TUESDAY</b>	Swimming - Grade 1	13h00-14h00	D Roodt / S Potgieter/I Gouws
	Cricket – Grade 3 Boys & Girls	14h30-15h30	D Roodt
<b>WEDNESDAY</b>	Experi-Buddies	13h15-14h00	C Conradie
<b>THURSDAY</b>	Swimming – Grade 2	13h00-14h00	D Roodt / A Fletcher
	Beginner Swimming – Grade 3 (by selection)	14h30-15h30	T Neuhoff

### GRADES 4 TO 7

<b>MONDAY</b>	Staff Meeting		
<b>TUESDAY</b>	Cricket - Grade 4 Boys & Girls	14h30-15h30	D Roodt
	Endurance Swimming Grades 4-7 ( by selection - <b>Competent Swimmers only</b> )	14h30-15h15	D du Plessis / B Calvert / J Muñez
<b>WEDNESDAY</b>	InterSen Phase Choir Grades 4-7 (by selection)	14h30-15h30	P Ngqanya
<b>THURSDAY</b>	Cricket - Grades 5-7	14h30-15h30	D Roodt
	Preseason Netball Skills – Grades 4-7	14h30-15h30	B Ockhuis / B Calvert
	Beginner Swimming – Grade 4 (by selection)	14h30-15h30	T Neuhoff

**Please complete the consent form and note the commitment is for the term.  
Extra-Mural Activities starts on Monday, 22 January 2024 and ends 23 February 2024.**