



(021) 855 1482



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EXTRA-MURAL PROGRAMME

3rd TERM 2023



**Helderberg
Primary
School**

GRADES R TO 3

MONDAY	Playball (Grade R)	11h45-12h30	A Hayward
	Playball (Grade 1)	13h15-14h15	A Hayward
TUESDAY	Soccer (Grades 1-2 Boys)	13h15-14h00	D Roodt
	Ball skills (Grade 1-2 Girls)	13h15-14h00	I Gouws
WEDNESDAY	Experi-Buddies	13h15-14h00	C Conradie
	Grade 1 Didactics (By invitation only)	13h15-14h00	S Potgieter
THURSDAY	PT Skills (Grades 1-2)	13h00-14h00	D Roodt
	Soccer (Grade 3 Boys)	14h30-15h30	D Roodt
	Netball Skills (Grade 3 Girls)	14h30-15h30	T Neuhoff

GRADES 4 TO 7

MONDAY	Afrikaans Enrichment (Grades 5-7)	14h30-15h30	B Calvert
TUESDAY	Soccer (Grades 5-7 Boys)	14h30-15h30	D Roodt
	Chimes / Boomwhackers (Grades 4-7)	14h30-15h15	T Neuhoff / J Munez
	Netball (Grades 5-7 Girls)	15h30-16h30	J Munez / B Ockhuis
WEDNESDAY	Chess (Grades 4-6)	14h30-15h15	A Fletcher
	Scheduled Netball & Soccer Matches (Grades 5-7 Girls) & (Grades 3-7 Boys)		
THURSDAY	Soccer (Grade 4 Boys)	14h30-15h30	D Roodt
	Netball Skills (Grade 4 Girls)	14h30-15h30	T Neuhoff
	Maths Enrichment Classes (Grade 7)	14h30-15h15	D du Plessis
	Singing Group (Grades 4-5)	14h30-15h30	P Ngqanya
FRIDAY	Maths Enrichment Classes (Grade 6)	13h10-13h45	D du Plessis



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EXTRA-MURAL ACTIVITY COMMITMENT FORM TERM 3



**Helderberg
Primary
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Name of Learner : _____

Grade : _____

I would like to participate in the following extra-mural activities:

Signature of Learner: _____ Date: _____

Signature of Parent: _____ Date: _____

Please Note:

After deciding upon extra-mural activities, learners are expected to continue with these activities for the entire term.

The only exceptions to this is the Chimes Ensemble, where learners need to commit to remaining in these groups for the entire year.